

EKDGCCon 2025

9th Annual Conference

on

Metabolism, Obesity, and
Cardiometabolic Health

by



April
2025



09:30 AM
Onwards



Venue : Hotel Taj Vivanta, Kolkata



EKDGCon 2025

9th Annual Conference

on

**Metabolism, Obesity, and
Cardiometabolic Health**

**CKM: The new
concept in Metabolic
management**

**New BMI cut-off for
Indians: 23kg/m²**

**The Harris
Benedict equation:
A simple guide for
physicians in
formulating dietary
strategies
for weight loss**

**Tirzepatide &
Semaglutide in
Obesity management**

**Medico-LEGAL
ISSUES IN
prescription writing**

**Where do traditional
agents feature in
modern-day T2DM
care?**

**WBMC CME
Credit points**

Dr. Binayak Sinha, Dr. Samit Ghosal, Dr. P.S. Mondal, Dr. Dilip Kumar, Dr. Arghya Majumdar, Dr. Debmalya Sanyal, Dr. Supratik Bhattacharya, Dr. Nilakshi Deka, Dr. Arundhati Dasgupta, Dr. Dibyendu Bhattacharya, Dr. Amitabh Sur, Dr. Saumyabrata Roy Chowdhury, Dr. Sanjay Shah, Dr. Nirmalya Chakrabarty, Dr. Soumik Chaudhuri, Dr. Jayanta Chakraborty, Dr. Satinath Mukhopadhyay, Dr. Anjana Kar, Dr. Shamita Ghosal, Dr. Sujata Datta, Dr. Sandip Chakraborti, Dr. Sumit Sengupta, Dr. Manik Katurka.

For Workshop & Conference registration please Contact



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(Registered Practitioner Only)

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Time	Duration	Topic	Speaker	Chairperson/Moderator
9:30 - 9:50	20 mins	REGISTRATION		
9:50- 10:00	10 mins	INAUGURATION BY TEAM EKDG		
		MASTER OF CEREMONY	Dr. Nirmalya Chakrabarty	
10:00 - 10:05	5 mins	CKM (CardioRenalMetabolic disease): Concept building.	Dr. Samit Ghosal	Dr. Jayanta Chakraborty
10:05 - 10:20	15 mins	Managing the Deadly Duo of ACS & HF	Dr. Soumik Chaudhuri	
10:20 - 10:35	15 mins	CKD: First line after FLOW trial results - SGLT-2is or GLP1RA or Finerenone?	Dr. Manik Katurka	
10:35 - 11:15	40 mins	MASLD, OSA, PCOS, Pediatric obesity	Dr. Anjana Kar, Dr. Shamita Ghosal, Dr. Sujata Datta, Dr. Samit Ghosal, Dr. Sumit Sengupta, Dr. Sandip Chakraborti	Dr. Binayak Sinha
11:15 - 11:45	30 mins	The SOUL of T2DM management	Dr. Binayak Sinha	Dr. Satinath Mukhopadhyay
11:45 - 12:00	15 mins	Are we all obese? The new Indian obesity consensus removes the overweight category: Justifications?	Dr. Satinath Mukhopadhyay	Dr. Dibyendu Bhattacharya
12:00 - 12:15	15 mins	Non-pharmacological management of Obesity	Dr. Samit Ghosal	
12:15- 12:20	5 mins	Q & A		
12:20 - 12:50	5 mins	STEPping up obesity care with Semaglutide 2.4 mg	Dr. Arundhati Dasgupta	Dr. Nilanjan Sengupta
12:50- 13:00	10 mins	Q & A		
13:00 - 13:15	15 mins	The Science of Obesity and Cross Connect with T2D	Dr. Soumyabrata Roy Chaudhuri	Dr. Samit Ghosal
13:15- 13:35	20 mins	SURPASS: Paving the Way to Target HbA1c & Weight	Dr. Sanjay Shah	
13:35 - 13:55	20 mins	SURMOUNT-ing Obesity with Tirzepatide - SURMOUNT 1 & 4	Dr. Amitabha Sur	
13:55- 14:00	5 mins	Q & A		
14:00 - 15:00	60 mins	LUNCH		
15:00 - 15:30	30 mins	Role of DPP-4i, SGLT-2i, SU, TZD, Metformin, AGI in modern day management of T2DM	Dr. Dilip Kumar, Dr. Arghya Majumdar, Dr. Debmalaya Sanyal	Dr. Binayak Sinha
15:30 - 15:45	15 mins	Once weekly insulin initiation: A value addition to existing insulin initiation strategies?	Dr. Supratik Bhattacharya	Dr. P S Mondal
15:45- 16:00	15 mins	Initiation & intensifying with insulin co-formulation: A simple strategy.	Dr. Nilakshi Deka	

**Workshop: Medical Ethics & Medicolegal aspects of clinical practice: Case-based discussion
11:30-12:30 by Dr. Krishnendu Mukherjee**

First 30 Registration only